

# Frankston Pain Management User Guide for Android Smart Phones |

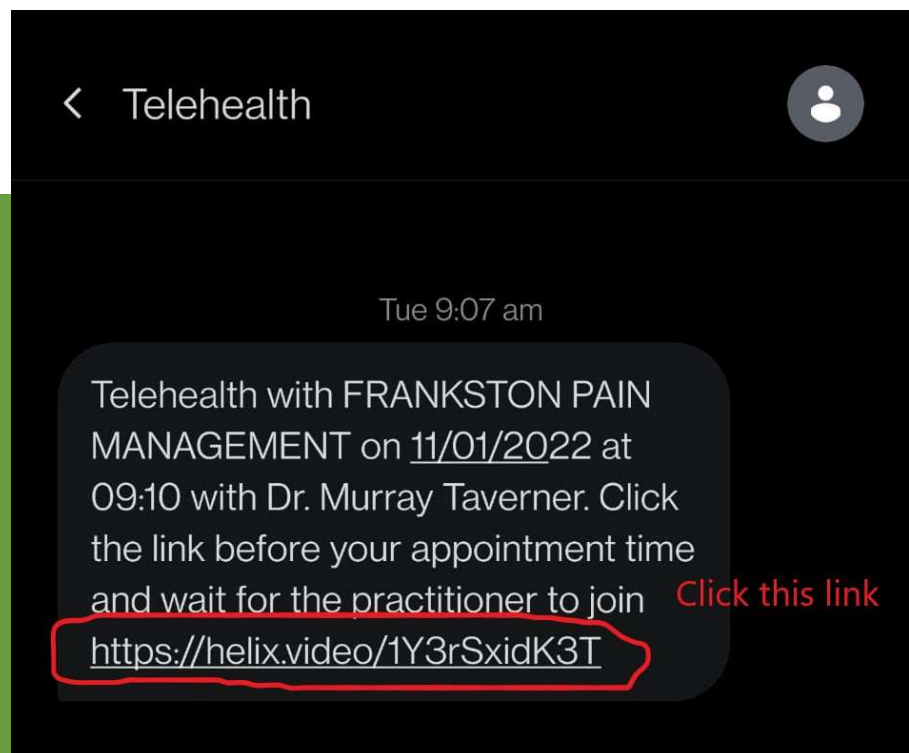
Maximising Function, Minimising Pain and Suffering

Let's work together to treat

## Chronic Pain



1. We recommend that you use Chrome browser, if this is not set up as default. Go into your phone settings to ensure it is your default web browser.
2. When our Doctor send you the link by SMS, it will look like the following

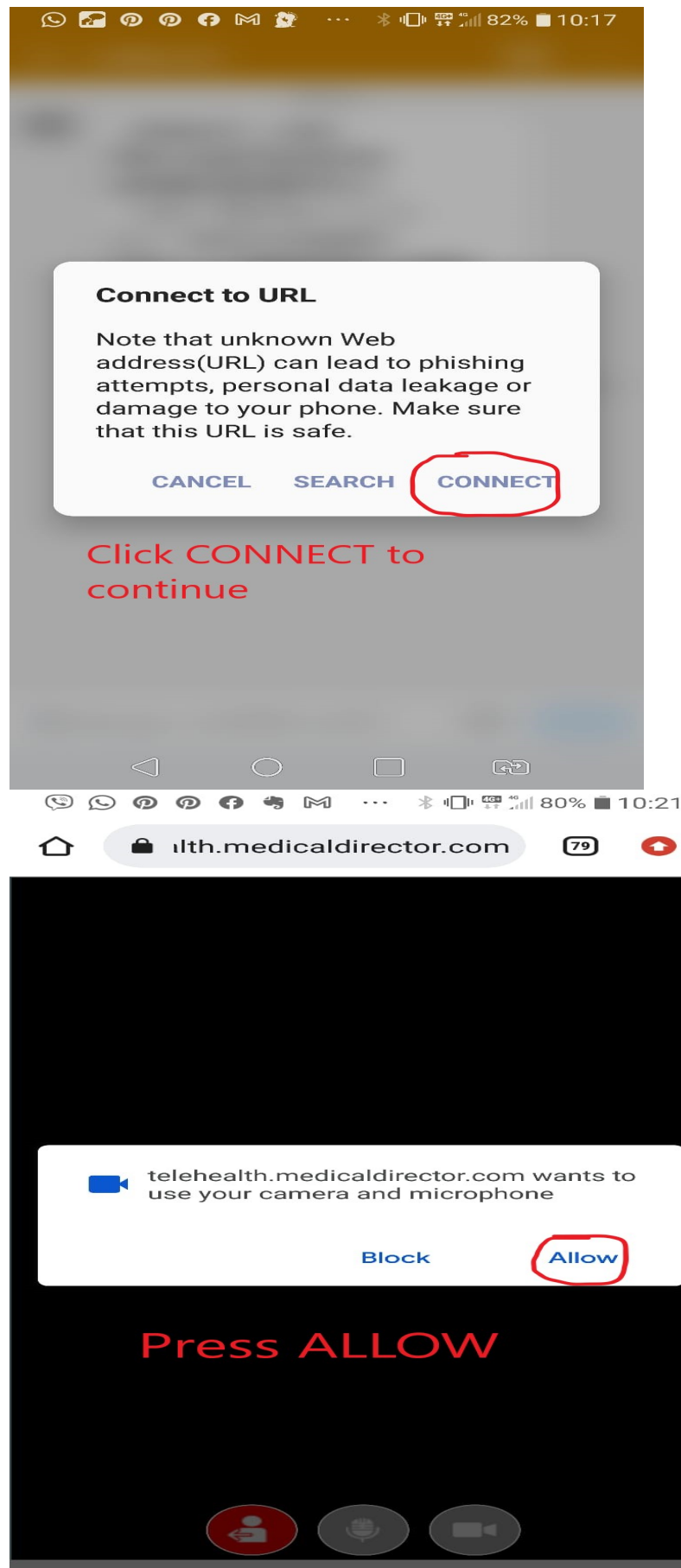


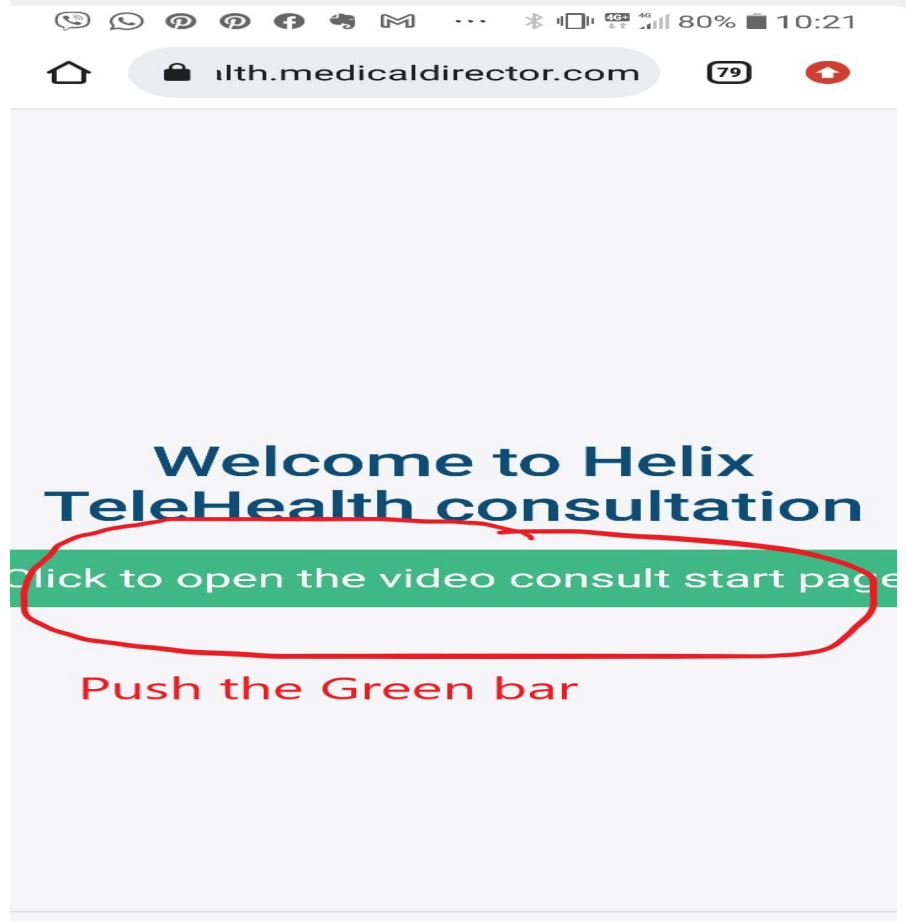
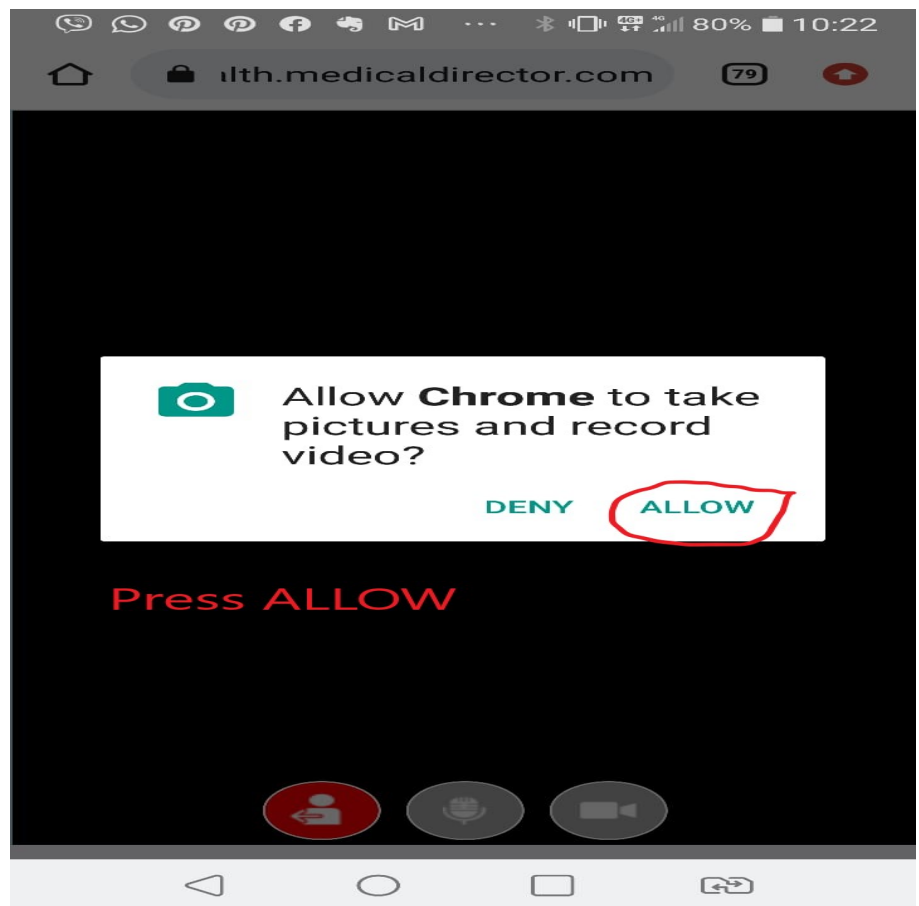
THERE IS NO  
'ONE SIZE FITS ALL' APPROACH

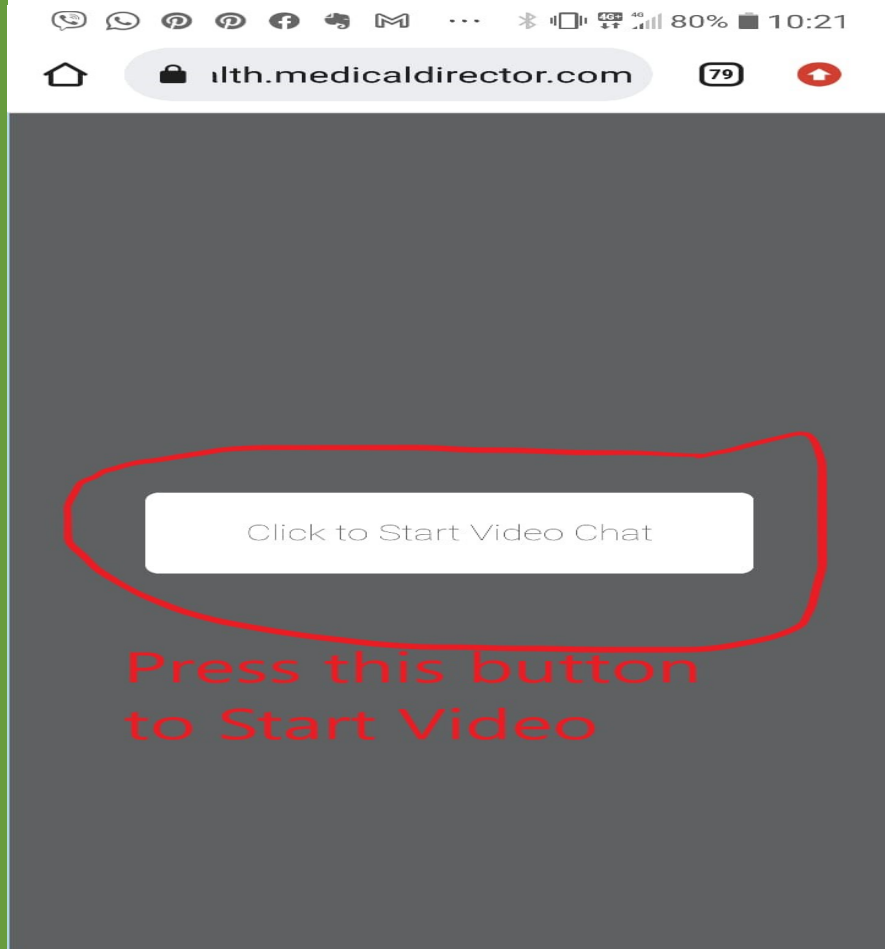
Frankston Pain Management has been established for over 25 years. It is made up of a team of motivated health professionals who are experts in pain management.

The team is led by Dr. Murray Taverner who is a leading author of a number of peer-reviewed journals and he has published several original research projects. He has trained, lectured and demonstrated a range of pain management techniques both in Australia and overseas.

Some patients will be referred on to our off-site exercise physiologists for graded physical activity. Others, to our psychologist to change thinking and improving coping strategies







You should then enter the Video Consultation room and your Doctor will be with you shortly.

If you would like to test your smartphone before your consultation.

Please ask our Administration staff to send you a test link if you would like to check that you can access the Video Consultation.

If your phone looks like the following examples. These will **NOT WORK** for Telehealth Video. You will need to get access to another device.

